

Aeromedical information for aircrew

*Dear Pilot!**

*Dear Flight Attendant!**

*Dear Air Traffic Controller!**

Your aeromedical fitness - just like the airworthiness of your aircraft - is an essential part of the aviation safety net. Aeromedical examinations are therefore an important instrument for minimising the "human risk factor". This requires good interaction between the applicant (pilot, flight attendant, air traffic controller) Aeromedical Examiner and the Aeromedical Section of Austro Control GmbH. This multi-level safety system serves to protect both you and third parties.

Therefore, conscientiously observe the following instructions and, if you have any doubts about your aeromedical fitness, contact your Aeromedical Examiner (AME) immediately.

You must not exercise your rights in the following situations:

- **without a valid aeromedical certificate**
- upon **knowledge of a restriction** that makes the safe exercise of your license rights impossible
- when taking **potentially impairing medicines**
- in the case of **medical treatments or surgical interventions**

You must contact your AME immediately in the following situations:

- if there is any **doubt about your own aero-medical fitness**
- if you **start taking medication on a regular basis** (e.g. blood pressure lowering medication, blood thinning medication, antidepressants, tranquillisers etc.)
- in the event of a **surgical or invasive procedure**
- in cases of **serious injuries or serious illness**
- in cases of **sick leave of more than 21 days**
- in cases of **hospitalisation** (regardless of the duration of the stay)
- in cases of a **first-time prescription of a corrective visual aid**

It is your own responsibility to make this declaration and it is necessary to do so in order to ensure aviation safety!

Points to note for medical examinations are as follows:

- Make an appointment with your AME in time before the expiry of the validity of your aeromedical certificate (45 days period before expiry = revalidation examination)!
- Always take a photo ID with you to your AME!
- Hand over your last medical certificate to your AME!
- You may only be in possession of one valid EU medical certificate in accordance with PART-MED!
- Always provide accurate and detailed information about your state of health and medical history!
- Always check the information on the issued medical certificate!
- Make sure that the original aeromedical certificate is signed by you and the AME!

If you have specific questions regarding your aeromedical fitness, please contact your Aeromedical Examiner or the department Aviation Agency - Aircrew / Aeromedical Section of Austro Control GmbH.